



XUÑO 2019

INGLÉS

OPCIÓN A

Read the text and the instructions to the questions very carefully. Answer all the questions in English.

It didn't take the food industry long to realize that putting "Mediterranean diet" on its products or advertising would make consumers immediately associate the term with healthy eating, even in the case of industrial-grade pizza, alcoholic drinks, or snacks packed with salt, sugar and the wrong kind of fats.

Scientific interest in the Mediterranean diet dates at least from 1953, when an epidemiologist called Leland G. Allbaugh noted that people on Crete ate little meat, some fish, and plenty of olives, cereals, fruits, vegetables and wild plants, and above all, plenty of olive oil.

The study caught the attention of US physician Dr. Ancel Keys, who began 15 years of research into why Cretans, with their poor diet, were healthier than most Americans. The result of his work was an exhaustive study based on analysis of the lifestyles and diet of some 13,000 men in the former Yugoslavia, Italy, Greece, Finland, the Netherlands, the United States and Japan, which took into account variables such as smoking, weight, physical activity, heart rate, lung capacity, cholesterol, and, of course, diet.

In brief, one of the conclusions of the work was that saturated fat in diets was a major conditioner of heart disease, along with cholesterol and high-blood pressure. Keys' conclusions were criticized and questioned by many academics at the time, but undeterred, he and his wife published a *cookery book*, which became an immediate bestseller. Each recipe included nutritional information about which foods could help combat disease and boost health.

Questions

1. Write a summary of the text in English, including the most important points using your own words. (Approximately 50 words; 1 point)

2. Mark the following sentences true or false (T/F) according to the text. Then write the part (and ONLY that part) of the text that justifies your answer. (1 point; 0.25 each)

- Mediterranean diet is linked to good health.
- Cretans were not thought to eat so healthily.
- The conclusions of the study were generally accepted.
- He never lost faith in his conclusions.

3. Find words or phrases in the text that correspond in meaning to the words and definitions given here. (1 point; 0.25 each).

- at once
- detailed
- considered
- significant

4. Pronunciation. (2 points; 0.50 each)

- In which one of the following words do the underlined letters have the same sound as the letter underlined in the word health? really, research, wealth, least
- Write the word whose underlined letters are pronounced differently from the others: dream, deal, clean, threat
- In which one of the following words is the stress on the first syllable, as in "structure"? facilities, employee, temperature, conclusions.
- In which one of the following words is the underlined "cd" pronounced /id/? wasted, looked, wondered, longed

5. Complete the second sentence of each pair so that it has the same meaning as the first one(s). Use the word or expression in *italics*, making the necessary changes. (2.0 points; 0.5 points each).

- The telephone company is going to change my number.
I
- Andrew didn't get the job because he didn't have much experience.
If
- It is against the law to drive without the seatbelt on.
You ...
- The study confirms that many people suffer from heart diseases because they consume saturated fat in their diets.
.... due to

6. Write a composition: Can you trust what you read about nutrition? (Approximately 120 words; 3 points)



INGLÉS

OPCIÓN B

Read the text and the instructions to the questions very carefully. Answer all the questions in English.

Sergei Polunin, the Royal Ballet-trained dancer who revels in a "bad boy of ballet" reputation, has been dropped from a production in Paris after a series of homophobic and sexist social media posts. It was revealed last week that Polunin had been invited to play Prince Siegfried in Paris Opera Ballet's February production of Swan Lake. By the weekend the invitation was withdrawn. In a series of offensive posts on Instagram, Polunin called for men to "man up" and realise they are wolves, lions and leaders of the pack (their family) who are supposed to take care of everything. About overweight people, he wrote: "Let's slap fat people when you see them. It will help them and encourage them to lose some fat. No respect for laziness!" The Paris Ballet dancer Adrien Couvez last week called Polunin an "embarrassment". "Our company advocates values of respect and tolerance! This man has nothing to do with us." Paris Opera Ballet's artistic director, Aurélie Dupont, wrote to the company's dancers at the weekend about her decision to drop him. She called him a "talented artist" but said that his public pronouncements were not in keeping with the company's values. Polunin's bad boy reputation started after walking out on the Royal Ballet six years ago. He had trained at its school from the age of 13 and became its youngest principal at 19, in the tradition of the best Russian dancers. At the time he tweeted about "living fast and dying young" and in one interview said he often performed after taking cocaine. The dancer appeared to overcome his self-destructive urges and worked hard to re-establish himself as a star of the ballet world. Polunin often seems to enjoy his punk, bad boy reputation, but paradoxically he is also seen by people who have worked with him as a young man who is sweet and polite.

Questions

1. Write a summary of the text in English, including the most important points using your own words. (Approximately 50 words; 1 point)
2. Mark the following sentences true or false (T/F) according to the text. Then write the part (and ONLY that part) of the text that justifies your answer. (1 point; 0.25 each)
 - a. Sergei Polunin was not allowed to dance with the Paris Opera Ballet in February.
 - b. The reason why he was not allowed to dance was his lack of talent to perform as Prince Siegfried.
 - c. He has written comments against gay and fat people.
 - d. Although publicly he makes shocking remarks, his coworkers don't usually have a bad opinion about him.
3. Find words or phrases in the text that correspond in meaning to the words and definitions given here. (1 point; 0.25 each).
 - a. Internet message
 - b. hit
 - c. defend
 - d. strong wishes, needs
4. Pronunciation. (2 points; 0.50 each)
 - a. In which one of the following words are the letters "cd" pronounced /d/ as in "used"? intended, enjoyed, packed, passed.
 - b. In which one of the following words are the underlined letter(s) pronounced /i:/ as the vowel sound in "sheep"? lip, built, field, sign.
 - c. In which one of these words is the stress on the second syllable? ballet, danger, imagine, tolerance.
 - d. In which one of the following words is the consonant "p" silent, not pronounced? receipt, perform, adopted, skeptic.
5. Complete the second sentence of each pair so that it has the same meaning as the first one(s). Use the word or expression in *italics*, making the necessary changes. (2.0 points; 0.5 points each).
 - a. Adrien Couvez: "Our company advocates values of respect and tolerance".
Adrien Couvez said that ...
 - b. The dancer showed disrespect for certain people and was not hired by an important company.
If a dancer
 - c. Sergei Polunin has performed after taking cocaine. Most dancers lead a very healthy life.
Whereas...
 - d. He stopped consuming drugs two years ago. He resumed his activity as a dancer.
... after ...
6. Write a composition: Who is your favourite artist? Does she/ he set a good example for society? (Approximately 120 words; 3 points)